



Pediatric Healthy Lifestyles & Metabolic Syndrome Learning Collaborative

Sleep, Hormones, and Obesity

September 17, 2026

12:15 PM - 1:15 PM

Speakers:

Dominic Gault, MD

Prisma Health

At the end of the presentation, participants should be better able to:

- 1 Be able to describe the basic processes of sleep generation and alertness
- 2 Be able to identify hormones that are affected by sleep versus time of day
- 3 Be able to describe the effects of sleep and sleep aberrations on risks for obesity

The Medical University of South Carolina designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor Continuing Medical Education for physicians. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. This information is listed below. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Dominic Gault, MD	Faculty	Nothing to disclose - 08/04/2026
Kathleen C Head, MD, MS, MPH, FAAP, DipABLM	Activity/Course Director	Other: Funding & Support-The Boeing Company, BCBS Foundation of SC - 06/01/2026
Madison E Renfroe, *Other	Activity Administrator, Activity Coordinator	Nothing to disclose - 06/11/2026



Emma J Williamson, BS Public Health	Activity Administrator, Activity Coordinator	
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Commercial Support:

No commercial support has influenced the planning, implementation, or evaluation of the content of this activity.