



Frontiers in Pediatrics

December 4-6, 2026
Hyatt Historic Charleston
Charleston, South Carolina

Presented by the
Medical University of South Carolina
Department of Pediatrics
Office of Continuing Medical Education



Course Description

The Division of General Pediatrics, MUSC - Department of Pediatrics, is pleased to present a three-day Continuing Medical Education Course designed to meet the needs of pediatric primary care practitioners, including Pediatricians, Family Physicians, and Nurse Practitioners. The course is organized to allow extensive discussion with presenters by limiting pure lecture presentations.

Learning Objectives: At the completion of this conference you should be able to achieve the objectives listed under each topic. The conference will be presented in lecture format with question and answer sessions.

Credit Designation

The Medical University of South Carolina designates this live activity for a maximum of **16.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for Continuing Medical Education credits has been filed with the American Academy of Family Physicians. Determination of credits is pending.

Nurses: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for **16.0 AMA PRA Category 1 Credit(s)**[™].

PLEASE NOTE: You now receive your CME and CEU credits online! After the conference, you will be emailed instructions and a link to claim your credit online and print your credit certificate. On the registration form, please provide the email address that you actively use to ensure that you receive these important emails.

Accreditation

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for Physicians.

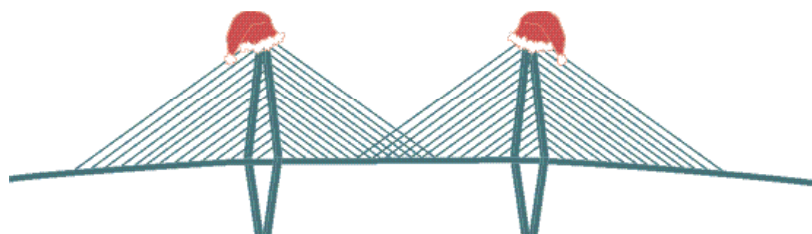
Disclosure Statement

In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity will be required to disclose any financial relationships with any ineligible companies. This information will be made available to participants at the beginning of the activity. Any financial relationships with these ineligible companies have been mitigated by the MUSC Office of CME. Speakers who incorporate information about off label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation

Offering in-person
and
virtual attendance

Americans with Disabilities Act

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at (843) 876-1925 or attach a note to your registration.





Conference Director

James R. Roberts, MD, MPH, FAAP
Professor
Division of General Pediatrics
Department of Pediatrics
Medical University of South Carolina

Conference Co-Directors & Planning Committee

Erin Balog, MD, FAAP
Associate Professor of Pediatrics
Division of General Pediatrics
Department of Pediatrics
Medical University of South Carolina
Co-Director

Tracy W. Halasz, DNP, APRN, CPNP-PC, PMHS
APP, Foster Care Support Clinic
Medical University of South Carolina
Planning Committee

Visiting Faculty

William (Bill) Basco, MD, MS, FAAP
Professor & Chair Department of Pediatrics
University of Tennessee Health Science Center -
Chattanooga
Pediatrician-in-Chief for Children's Hospital at Erangler
Professor Emeritus,
Medical University of South Carolina

Ingrid Polcari, MD
Associate Professor of Dermatology and Pediatrics
Program Director, Dermatology Residency Program
Vice Chair of Education, Department of Dermatology
University of Minnesota

Alan Schroeder, MD
Clinical Professor, Pediatrics (Critical Care and Hospital
Medicine)
Associate Chief for Research (Hospital Medicine)
Stanford Medicine

Timothy E. Wilens, MD
Chief, Division of Child and Adolescent Psychiatry,
(Co) Director, Center for Addiction Medicine,
Massachusetts General Hospital;
Professor of Psychiatry,
Harvard Medical School

Medical University of South Carolina Faculty

Emily Campbell, MD
Assistant Professor, College of Medicine
Department of Pediatrics

Chris Daly, MD
Assistant Professor
Department of Pediatrics

Kathleen Head, MD
Assistant Professor
Department of Pediatrics

Ian Kane, MD
Associate Professor
Department of Pediatrics, Pediatrics Emergency Medicine

Michelle Macias, MD
Professor
Department of Pediatrics

AJ Picca, MD
Assistant Professor
Department of Pediatrics

Margaret Rinaldi, MD
Assistant Professor
Department of Pediatrics

Christine San Giovanni, MD, CAQSM
Associate Professor
Department of Pediatrics

Christopher Stem, MD
Assistant Professor
Department of Pediatrics

Nancy Swiader, DO
Assistant Professor
Department of Pediatrics, Gastroenterology, Hepatology and
Nutrition

Elizabeth Wallis, MD
Associate Professor
Department of Pediatrics and Psychiatry

C. Wayne Weart, PharmD, BCPS, FASHP, FAPhA
Professor Emeritus Department of Clinical Pharmacy and
Outcome Sciences
Professor Emeritus of Family Medicine
SC College of Pharmacy - MUSC Campus



Course Schedule

At the end of each presentation, learners should be better able to fulfill the respective objectives stated.

Friday, December 4

7:15 **Registration & Breakfast with exhibitors**

7:55 **Welcome/Login Virtual Attendees**

8:00 **Food and Drug Allergies in Pediatric Practice: A Practical Guide**

Emily Campbell, MD

Distinguish IgE-mediated food allergies from non-IgE-mediated reactions and food intolerances using clinical history and diagnostic criteria; Apply a practical framework for counseling families on allergen avoidance, emergency action plans, and when to refer to a pediatric allergist; Identify the key features of IgE-mediated drug reactions and recognize which patients warrant further evaluation; Evaluate common misconceptions about food and drug allergy "labels" and their impact on patient care and quality of life.

9:00 **ADHD 101: From Diagnosis to Treatment**

Timothy E. Wilens, MD

List the diagnostic criteria for ADHD; Describe the role of pharmacotherapy; Compare stimulants and nonstimulants in terms of effectiveness.

10:00 **Break with exhibitors**

10:30 **Managing Complex ADHD**

Timothy E. Wilens, MD

Discuss common strategies for treating comorbid ADHD; List treatment strategies for ADHD in context to substance use disorders; List strategies to manage common side effects.

11:30 **Pediatric New Drug Update 2026**

Wayne Weart, PharmD, BCPS, FASHP, FAPhA

Discuss the FDA Warnings and label changes that relate to medication safety and how this information should be applied in the selection and monitoring of evidence-based pharmacotherapy to achieve better patient related outcomes; Describe the current information concerning newly FDA approved medications (pharmacology, pharmacokinetics, efficacy and safety data, drug interactions, dosing, monitoring and cost) in the selection of evidence-based pharmacotherapy; Compare and contrast these selected newer agents to the existing therapies and be able to recommend an appropriate medication regimen for a specific patient.

12:30 **Lunch on your own**

1:45 **They're eating what?! Iron Deficiency Anemia 101 for the Pediatric Primary Care Provider**

AJ Picca, MD

Correctly recite the three (3) physiologic mechanisms leading to iron deficiency anemia in children.; Correctly state two (2) red flag symptoms of iron deficiency anemia prompting referral to the emergency department.; List two (2) appropriate treatment strategies for oral iron replacement therapy for the child/adolescent with iron deficiency anemia.

2:45 **Acne Master Class: Strategies for Treatment**

Ingrid Polcari, MD

Summarize what is known about the epidemiology and pathogenesis of acne; Characterize the type and severity of acne for a given patient; Devise an effective treatment plan for a patient with acne and explain when referral to a specialist is warranted.

3:45 **Break with exhibitors**

4:15 **"Stuck? A Practical Guide to Pediatric Constipation"**

Nancy Swiader, DO

Recognize the clinical features and diagnostic criteria of functional constipation and identify red flag symptoms suggestive of an underlying organic disorder; Implement effective treatment plans utilizing both pharmacologic and non-pharmacologic interventions; Address common barriers to successful constipation management and counsel families on realistic expectations for treatment duration and outcomes; Identify patients who would benefit from referral to pediatric gastroenterology and recognize indications for further subspecialty evaluation.

5:15 **Adjourn**



Twenty Ninth Annual

Frontiers in Pediatrics

Course Schedule Continued

At the end of each presentation, learners should be better able to fulfill the respective objectives stated.

Saturday, December 5

7:30 **Registration & Breakfast with exhibitors**

7:55 **Welcome/Login Virtual Attendees**

8:00 **Facts vs Fads? Navigating Teen Skin Care Trends**

Ingrid Polcari, MD

Identify the role of social media trends in skin care practices among adolescents, including those that are potentially dangerous; Answer questions about specific popular skin care ingredients; Advise patients on age-appropriate skin care routines.

9:00 **Practical Pediatric Psychopharmacology: A Developmental Behavioral Approach**

Michelle M. Macias, MD

Identify indications for psychotropic medications across common developmental behavioral conditions in children; Appraise the evidence supporting key psychotropic medication classes used in pediatrics; Apply a developmental behavioral framework to guide psychotropic treatment management in primary care.

10:00 **Break with exhibitors**

10:30 **Moving the Needle: Evidence-Based Obesity Management and Medication Use in Pediatric Primary Care**

Christine San Giovanni, MD

Identify current clinical guidelines for the evaluation and management of pediatric obesity and its comorbidities in the primary care setting; Implement evidence-based lifestyle and behavioral interventions appropriate for children and adolescents; Compare available anti-obesity medications for pediatric patients, including indications, mechanisms of action, efficacy, and safety profiles; Determine appropriate candidates for pharmacotherapy and initiate anti-obesity medications using best-practice prescribing and monitoring strategies; Address common barriers to treatment, including insurance coverage, medication access, and caregiver/patient hesitancy.

11:30 **Updates and Controversies in UTI**

Alan Schroeder, MD

Review new AAP UTI guidelines (if published); Examine current definitions of UTI and the pros/cons of requiring pyuria; Review treatment options surrounding route and duration of antibiotics; Examine imaging strategies, particularly the need for routine VCUGs

12:30 **Lunch on your Own**

2:00 **Optional Workshops**

4:15 **Adjourn**

**Please see following page for
Saturday Afternoon Workshop options!**

Sunday, December 6

7:30 **Registration & Breakfast with exhibitors**

7:55 **Welcome/Login Virtual Attendees**

8:00 **Eating Disorders in Primary Care: How to Approach, Assess and Access Treatment**

Liz Wallis, MD, MS

Formulate an approach for assessing disordered eating in primary care; Interpret the psychological framework underlying eating disorders and its impact on assessment, diagnosis and treatment; Discuss evidence-based treatments for adolescents with eating disorders

9:00 **Trends in Pediatrics 2026: Articles and Guidelines Affecting Daily Practice**

William (Bill) Basco, MD, MS, FAAP

Evaluate recent data on preventive treatment of gastroenteritis after emergent visits; Analyze recent data on the risk of bacterial infection among infants children with viral illnesses; Evaluate data on post-concussion return to activity and incorporate those findings into their practice.

10:00 **Safely Doing Less: Finding the 'Sweet Spot' to Ensure the Right Amount of Healthcare for Children**

Alan Schroeder, MD

Define healthcare value; Define and provide examples of overdiagnosis; Provide concrete steps (clinical/teaching) to facilitate 'safely doing less'

11:00 **Adjourn until December 3-5, 2027 - Back at the Francis Marion Hotel**



Saturday Afternoon Workshops

Please select one 2-hour workshop

2-HOUR WORKSHOP: Saturday, 2:00-4:00 pm. ****In-person or Virtual Workshop****

Option 1: Prescribing Healthy Habits Through Lifestyle Medicine and Food is Medicine

Kathleen Head, MD

Learning Objectives: *Discuss the relationship between the 6 pillars of Lifestyle Medicine and prevention and treatment of obesity; Explain how Food is Medicine is applied in the family and pediatric space to improve metabolic health; Evaluate a patient or family's readiness to set goals and their confidence in reaching goals; Apply an evidence-based goal setting framework; Prescribe lifestyle and food is medicine interventions for metabolic health.*

2-HOUR WORKSHOP: Saturday, 2:00pm - 4:00 pm. **** Not available for virtual registrations****

Option 2: When the PCP becomes the ED: Managing in office emergencies (limit 40)

Chris Daly, MD, Ian Kane, MD, Margaret Rinaldi, MD, Christopher Stern, MD

Learning Objectives: *Discuss the indications for and use of emergent medications such as epinephrine, glucose, albuterol, naloxone, and benzodiazepines; Recognize and manage emergent tracheostomy complications; Manage unexpected respiratory distress and failure; Operate a defibrillator/AED for pediatric arrhythmias*

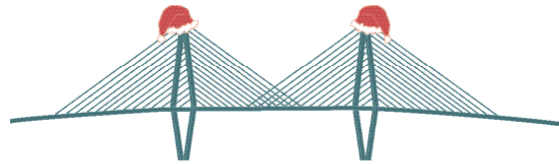




Access to Recorded Presentations

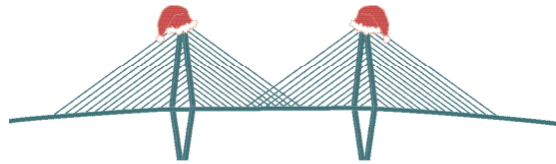
The MUSC Office of CME, with the permission of each speaker, will be recording each presentation of the conference. The videos will be posted online after the conference and be available for those who are not able to live stream the entire conference. Viewing the videos will offer the same amount of CME credit and can be viewed for up to 14 days following the posting date. The non-refundable fee for this service is \$150.00 and is only available to individuals registered for the conference. Access to the videos will be granted to attendees who purchase this option in advance of the conference.

Credit Designation: The Medical University of South Carolina designates this enduring material for a maximum of 1.60 *AMA PRA Category 1 Credit(s)*™ for each video. Physicians should only claim the credit commensurate with the extent of their participation in the activity.



Cancellations

A refund will be made upon written request prior to **November 4, 2026**; however, \$100.00 will be retained for administrative costs. No refunds will be made after November 4, 2026. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for cancelled programs. The Medical University of South Carolina cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties. ***By registering for this conference, you acknowledge and agree to this cancellation policy.***



Holiday Magic in Historic Charleston

Holiday Festival of Lights

November 13 - December 31, 2026
James Island County Park

The journey begins with a magical drive along 3 miles of forest paths aglow with light sculptured art. With over 600 displays located throughout the park, the Holiday Festival of Lights is a magical sight to see!

As you drive, surprises spring from behind every bend...a shrimp boat afloat on the horizon...a towering oak reaching skyward with boughs illuminated against the night sky.

Local history looms larger than life with a Charleston Row House and Old Man Winter showers oaks with his icy breath.

Travel down memory lane, where storybook sea creatures and glittering dinosaurs rise up out of the dark... and mittened children hurl electric snowballs.

You'll soon find a myriad of themes as you wind your way through the park.



Registration Fees

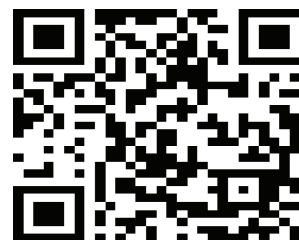
Register by September 30, 2026 for the Early Bird Rate!

	Early Bird (on or before 9/30)	Full Rate (on or after 10/1)
In-Person Attendance	\$550	\$600
Virtual Attendance	\$600	\$650
Access to Recorded Videos (Optional)	\$150	\$150

The fee for in-person attendance includes tuition, breaks, online syllabus and certificates of attendance. The fee for virtual attendance includes tuition, online syllabus, and certificates of attendance. **Please note: for virtual registrations, a minimum number of participants must register to be able to offer the virtual meeting. If this minimum is not met, you will be notified by November 20, 2026 and will be given the option to change to in-person registration or receive a full refund. If the virtual registration option is canceled, the video access option would also be canceled and a refund will be issued to anyone that purchased access to the videos.**

Please make your check payable to Medical University of South Carolina and mail with the registration form included in this brochure to:
Heidi Callahan, MUSC Office of CME, 96 Jonathan Lucas Street HE 601, MSC 754, Charleston, SC 29425

Pre-registrations will be accepted until November 30, 2026 or until conference capacity is reached. After November 30, 2026 you must call the MUSC Office of CME at 843-876-1925 to see if space is still available.



Hotel Information

Hyatt Historic Charleston
560 King Street, Charleston, SC 29403

A block of rooms has been reserved at the Hyatt Historic Charleston, 560 King Street, Charleston, SC 29403. The conference rate is \$219++ and the room block for conference registrants will be held until Tuesday, November 3, 2026. The room block may fill prior to November 3, 2026 and availability cannot be guaranteed. We suggest you make your reservation as soon as possible. To make your reservation, please call the hotel at 1-877-803-7534 and reference the group code G-FIPE. You can also make your reservations by going to the following link:

Link for online reservations: [MUSC Frontiers in Pediatrics - The Lowline](#)

Online Booking Code: G-FIPE

Self-Parking Lot Rates-

The Garage is a public garage owned and operated by the City of Charleston, not the Hyatt Historic Charleston.

- Rates are \$3.00 per hour per day (until Midnight). Max Payment is \$24.00
- At Midnight the clock starts again at \$3.00 per hour (a 1-night stay can cost \$48.00)
- Guests must pay for garage directly, the hotel does NOT take payments
- If leaving and returning the clock starts over at \$3.00 per hour

Valet Parking Rates -

- Valet Parking is \$49.00 per overnight with unlimited in and out privileges
- Valet does not park in the garage, an off-site parking lot is utilized

Street Parking -

- Traffic enforcement monitors parking meters regularly, towing can occur for unpaid parking and for street closures that take place on the weekends on King Street.



Registration Form

29th Annual Frontiers in Pediatrics

December 4-6, 2026 - Hyatt Historic Charleston • Charleston, SC

By completing this form, you agree to the cancellation policy outlined in the brochure.

Last Name (please print clearly)

First Name

Middle Initial

☐ MD ☐ DO ☐ NP ☐ PA ☐ Other (specify) _____

Email

ID Number (last four digits of your SSN)

Phone

Address

City

State

Zip

☐ YES I give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grant

☐ NO I do not give permission to the MUSC Office of CME to share my name, city, and state with other attendees and the companies that will be exhibiting at and/or supporting the conference through educational grant

What is your primary medical specialty?

☐ Pediatrics

☐ Family Medicine

☐ Other _____

Please check your tuition category:

☐ In-person Attendance

☐ Virtual Attendance

☐ Access to Recorded Videos (Optional)

Early Bird (on or before 9/30)	Full Rate (on or after 10/1)
☐ \$550	☐ \$600
☐ \$600	☐ \$650
☐ \$150	☐ \$150

The fee for in-person attendance includes tuition, breaks, online syllabus and certificates of attendance. The fee for virtual attendance includes tuition, online syllabus, and certificates of attendance. **Please note: for virtual registrations, a minimum number of participants must register to be able to offer the virtual meeting. If this minimum is not met, you will be notified by November 20, 2026, and will be given the option to change to in-person registration or receive a full refund. If the virtual registration option is canceled, the video access option would also be canceled and a refund will be issued to anyone that purchased access to the videos.**

Saturday Afternoon Workshops (No additional charge)

Choose (1) 2-hour workshop:

☐ Option 1: 2:00 - 4:00pm

Prescribing Healthy Habits Through Lifestyle Medicine and Food is Medicine
(** In Person or Virtual Workshop**)

☐ Option 2: 2:00 - 4:00pm

When the PCP becomes the ED: Managing in office emergencies (In Person Only)

Payment must accompany registration:

☐ Check Payable to **Medical University of South Carolina**

☐ Master Card

☐ Visa

☐ AX

☐ Discover

Cardholder's Name

Card Number

Expiration Date

CVV Code

Please use ONE of these methods to register (do not mail if previously faxed or telephoned):

- **Mail** registration form with check or credit card information to
Heidi Callahan, MUSC - Office of CME
96 Jonathan Lucas Street, HE 601, MSC 754, Charleston, SC, 29425

- **Telephone:** (843) 876-1925 - Registration by credit card only

- **Fax:** (843) 876-1931 - Registration by credit card only

- **Online:** <https://muscloud-cme.com/2026FIP>

